



Brenda Soulfire
crystal
medicine woman

Reiki Master



Month 11:

Reiki Master/Teacher Level

Class 21:

Anchoring Your Light Power





BRENDA

Soulfire

Soul Sister

Mystic Circle Leader

Certified Crystal Healer

Registered Metaphysics Practitioner

Usui, Crystal and Shamanic Reiki Master/
Teacher

Boricua Crystal Medicine Woman

Spiritual Life Coach

Healer Brand Doula

Healer Mentor

Certified Life Coach



Brenda Soulfire
crystal vibeshifter



Soulfire Spiritual Shoppe
tools for mystics



INTERNATIONAL
REIKI
ORGANIZATION



WMA
Registered
Metaphysician

THE REIKI MASTER/TEACHER LEVEL

- Requires a whole new level of you
- Leadership skills
- Entrepreneurial skills
- Discipline
- Constant Continued Education and Work on your self
- Take your time but you are also here to evolve for all of us, so check yourself and your intentions often,
- get clearer on boundaries
- get your brand /niche right
- craft offers you'd want to experience, not what others are doing, reiki parameters in books serve as parameters, but do your own thing
- How many people can you hold space for?
- Watch resentment. Then you are not ready to teach yet!



reiki mentoring

WHAT IS NO LONGER ALIGNED?



Meditation, reiki then answer these questions:

- Scan your body for hurt, pain , tension. Where is it? What is it telling you?
- If you could change one thing, what would it be and why. Or perhaps you wouldn't change a thing, why?
- Who or what is leading you into a dark path you no longer want to go in?
- How can you change the agreements in this situation?
- What and who makes you feel at peace and why?
- How would you like to be remembered, why?
- When and in what area of your life do you most feel in your zone?
- What goal can I achieve in the next year?
- What steps do I need to take to achieve this goal?
- What would I need in order for my priorities and goals to be in alignment? How can I give myself what I need?
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what has to go?

Reiki Master

"Some practical applications of Self-Reiki include: preparing yourself for the day, using Reiki for calm in traffic, ten minutes of Reiki for added calm before you go to sleep, five minutes before a meeting or presentation, five minutes of Reiki before calming and assisting others, and an infinite array of situations.

You may use Reiki in preparing meals, gardening, with your pets and family too. But always remember that self-care is important to keep you at your best, so a few minutes of self-Reiki a day can do wonders. " -

International Association of Reiki Practitioners
(IARP)



SELF CARE

SELF CARE

- First hour rituals
- 5 minutes of reiki
- Gratitude practice
- Body time
- Altar time
- Reiki before bed
- Work with the elements, understanding them as allies
- Protection symbols
- Connect to reiki guides
- Attune yourself to new symbols
- Cleanliness is godliness
- Aware of color and light
- Breathwork and aligning with crystalline frequencies help
- Emotional GPs / balance
- Metaphysical reading



reiki master

A NEW WAY

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- What is your new way?
- What 3 new habits are you incorporating in your morning routine?
- What;s going on with your body?
- How can you listen to it more?
- What are my next 3 main action items to take my reiki practice to another level?
- What are your goal for the rest of 2022?



The image features two hands held palm up, with a bright, glowing light emanating from the space between them. The light is a warm, golden-yellow color and has a soft, ethereal quality. The hands are also bathed in this light, giving them a warm, golden hue. The background is a plain, light color, which makes the hands and the light stand out. The overall mood is one of warmth, healing, and positivity.

REIKI TIME!



FOR YOU, LIGHTHOUSE!

OM WORK - CLASS 21

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Reiki Master Certification

1. Do Handout Exercise - Your New Way. Share on FB Group. Yoga-Journaling Exercise to find the new way.
2. Read or Reread Chapters 16-18 from Textbook. What's your biggest takeaway for your future practice? Share in FB Group.
3. What 3 new habits of reiki master self care are you committing to?

SEE YOU DURING NEXT CLASS 22!

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Reiki Master Certification

Becoming a Reiki Master /Teacher

- Giving Attunements to Other People
- Giving Attunements in Person
- Distance Reiki Attunements



CRYSTAL BLESSINGS!

STAY CONNECTED

Email me at soulfirehealer@gmail.com

Visit my website at

www.brendasoulfire.com