



Brenda Soulfire  
crystal  
medicine woman

# Reiki Master



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Month 9: Dai Ko Myo Integration /  
Reiki Master Embodiment

Class 18: Your Healing Space





# BRENDA

*Soulfire*

Soul Sister  
Mystic Circle Leader  
Certified Crystal Healer  
Registered Metaphysics Practitioner  
Usui, Crystal and Shamanic Reiki Master/  
Teacher  
Boricua Crystal Medicine Woman  
Spiritual Life Coach  
Healer Brand Doula  
Healer Mentor



# HEALING SPACE *setup tips*

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- Designate an area
- Feng Shui the space (see class 16 handout)
- Clean
- Clear
- Infuse with beauty
- Get creative
- Include personal power and meaning items
- Create a routine you do daily there (journal, meditate, reiki, card pulls, etc)
- Three mini quartz points in each corner pointing inward
- Hang quartz above to hold pyramid grid



# HEALING SPACE *setup tips*

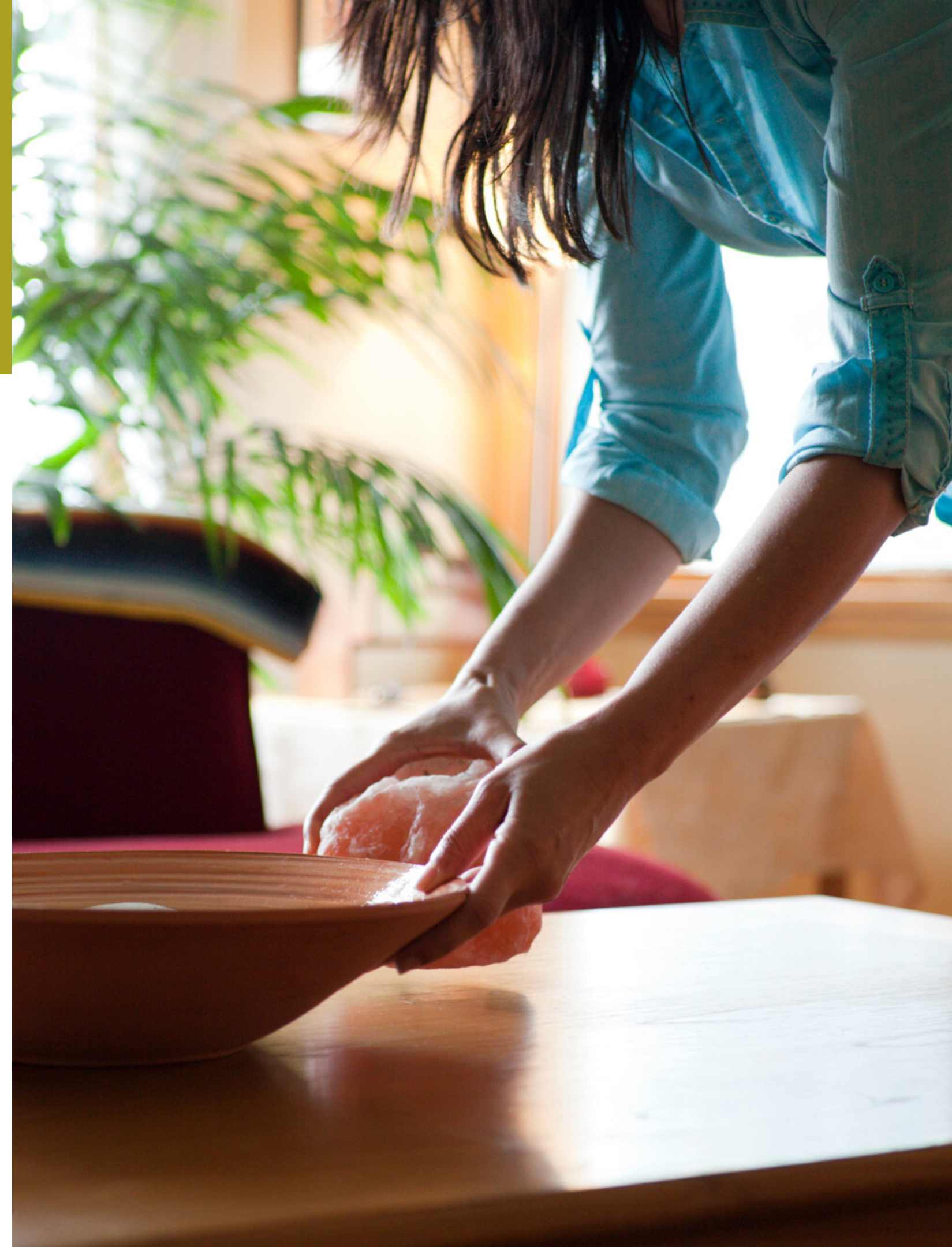
- Remove all clutter
- Physically clean the space.
- Repaint if needed, white preferably
- Do this deep cleanse thoroughly every 3 months/season.
- Energetically cleanse the space, remove all clutter and deep clean as sparkly and beautiful smelling, can mop floor with Florida water. if energy is too dense at first, vinegar and palo santo, then introduce a healing smell, holy basil is a great space clearer
- Smudge with cedar after setup to bless the space, you healing practice's new home
- Lavender essential oil is your new best friend



# HEALING SPACE *setup tips*

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- Healing table
- Stool with rolling
- Crystals arranged by chakras, wands, ready to use
- Space for crystal grid
- Running water to wash hands and crystals in between sessions
- Space outside that is safe to leave crystals and healing tools to be cleansed by nature
- Bookcase, desk,
- The less electronics the better, no modem in here!
- Step back, who does it feel? Balance? Colors? Anything stagnant, not clear, redo.



# HEALING SPACE *setup tips*

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- Safety: your home? Then clients need to be vetoed and come by word of mouth.
- Personal vs professional space, delineate well if in home, areas of home your client needs to walk through need to stay clean and free of clutter
- Treatment room needs to provide privacy. Other people in the house need to stay out, including pets and kids.
- Clean restroom available
- Can set up she shed, backyard tent, rent space in local spa, meet at park or nature spot, get rental space when the tribe is set
- Read textbook pages 262-269 to refresh



# WORKING WITH *light*

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- Light dimmer
- Eye cover
- Different colored lights with remote
- Chakrys Crystal Bed and Mini
- Play with light according to what your client needs.
- Think as if this is your child, what does it need? Sleep and heal, dim lights, cover eyes. Need revitalization, cool, bright, open window, fresh air.



# HEALING

## with sound

- Reiki music
- Tibetan bowls
- Crystal bowls
- Wind
- Sea
- Waterfalls
- Nature sounds
- Ping when shifting from chakra to chakra or finishing a large step of your session
- Use to awaken, follow your inner child
- Sound takes you places emotionally
- Shamans heal with sound
- Experiment with sound and how it feels in your heart



# LAYERING

*aromas*

- Study and use essential oils
- Wash hands before session, even if distance ses
- You also need the good smells
- Incense use high quality, ask first
- Smudging
- Flower water
- Brush teeth
- Shower before session
- Mop only for the healing room
- It's your temple
- Rose oil, lavender, bergamot, holy basil



# YOUR STATE

.....  
*of being*

You are the first healing space/channel.

What do you need to have in place before a session?

What are your best hours?

Food 2-3 hours before

Shower

White clothes

Grab a crystal and tune yourself to its stable energy



REIKI TIME!



REIKI  
FOR THE GROUP



# OM WORK - CLASS 17

## Reiki Master Certification

1. Finish reading textbook up to Chapter 16
2. Read Chapter 17 pages 262-266
3. Set up your healing space. Post pictures on Group.
4. Give yourself mini Dai Ko Myo micro reiki rays during the day. Get used to shifting into Oneness. How long can you stay present?

SEE YOU DURING NEXT CLASS 18!

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# Reiki Master Certification

Class 19: Usui Reiki Master/Teacher Level

- Dai Ko Myo Integration Ceremony
- Please come dressed in white, hydrated and ready to receive.



# CRYSTAL BLESSINGS!

STAY CONNECTED

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