



Brenda Soulfire
crystal
medicine woman

Reiki Master



Month 11:

Reiki Master/Teacher Level

Class 22: All About Attunements





BRENDA

Soulfire

Soul Sister

Mystic Circle Leader

Certified Crystal Healer

Registered Metaphysics Practitioner

Usui, Crystal and Shamanic Reiki Master/
Teacher

Boricua Crystal Medicine Woman

Spiritual Life Coach

Healer Brand Doula

Healer Mentor

Certified Life Coach



Brenda Soulfire
crystal vibeshifter



Soulfire Spiritual Shoppe
tools for mystics



INTERNATIONAL
REIKI
ORGANIZATION



ACHH
Registered
Holistic Health
Practitioner

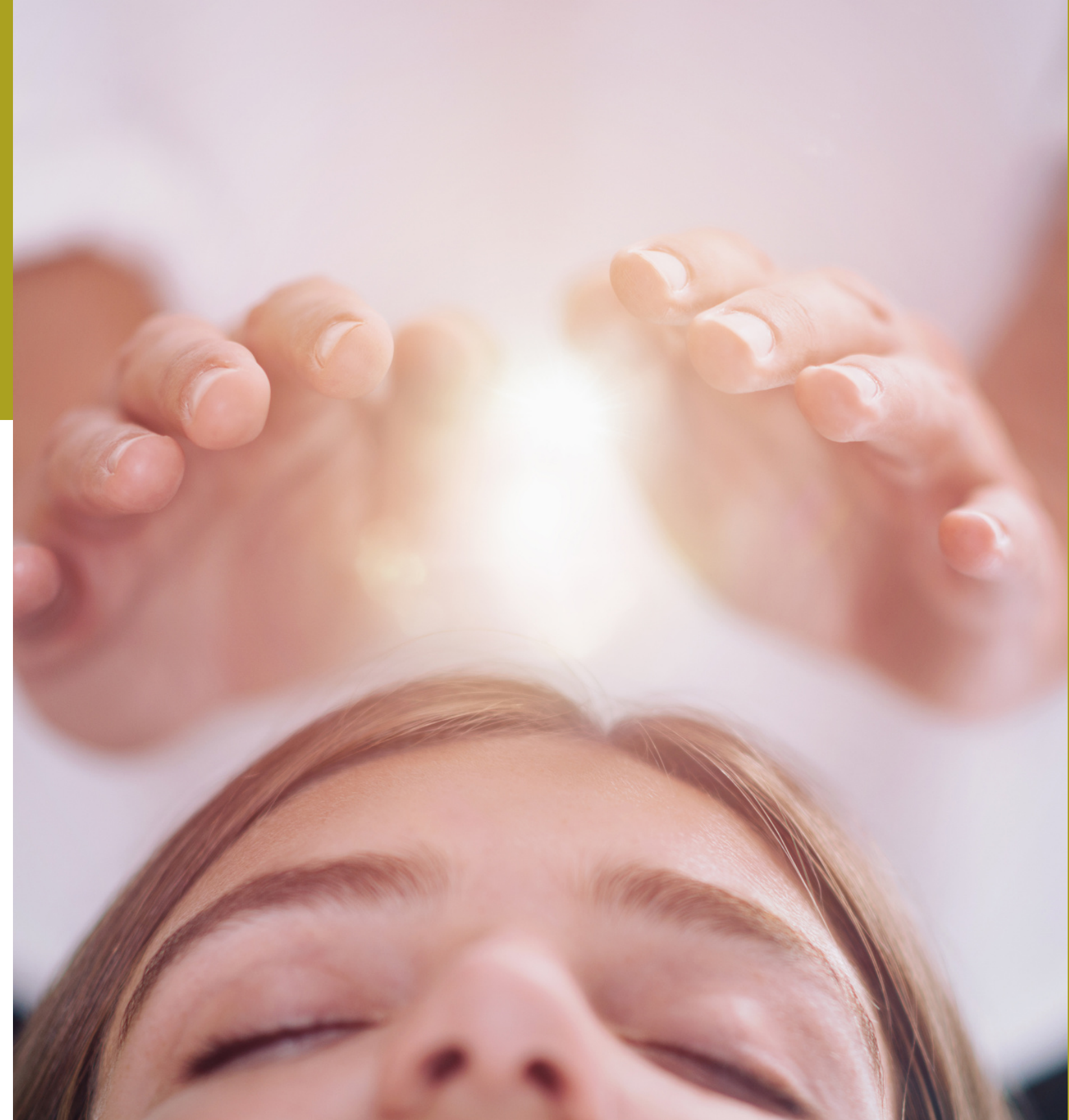


WMA
Registered
Metaphysician

ALL ABOUT REIKI



- A reiki attunement opens the energy pathways in the light body to begin to receive these coded light language symbols. It clears the connection between all bodies.
- Reiki knows best, you are simply the conduit.
- Allow for yourself to be changed and lifeted, activated as well.
- This heightens the ability of the student to channel reiki and is permanent. Once attuned to reiki you are so for life.
- Attunement DO NOT make the student a healer. The student now becomes a vessel for reiki, which is the healer here.
- The energy is drawn in by the recipient to activate her being open to the universal life force currents.
- Attunements also keep reiki real and organic, keeping the master/student process grounded.
- Attunements are the same for each level, simply the intention changes. And the level of teaching deepens.
- Can be done all at once, or in succession.



attunements

ALL ABOUT REIKI



- Main intention is to awaken healing abilities in this light body.
- Powerful spiritual experiences and you are the bridge. Hold loving space for whatever comes up.
- Ask for a 3 day cleanse before attunement, only fresh live food.
- Avoid eating heavy foods, limit or eliminate caffeine, sugar, tobacco or alcohol. Spend your time reading or meditating rather than watching TV. Make a conscious effort to release negative emotions, such as anger or jealousy.
- All of these preparations will help you be more ready to accept the spiritual transformation and encourage the attunement to have profound, long-term impacts on your life and wellbeing.
- Treat it as a rite of passage into the light. Let your heart rise and your deva run the ceremony.
- Music, setting, mark chakra shifts with sound
- Ask your students to not do much that day.
- Allow yourself to be guided. You are the lighthouse now, nothing else matters now except lighting this one up.



attunements

ALL ABOUT REIKI



- Attunement processes and symbols will vary per level and intention.
- The basic thing is to intend for reiki to clear energy body pathways and plant all 4 Usui symbols in each chakra, even if attuning for level 1.
- Teach only symbols in the level, but use all symbols in the attunement.
- Attunements vary bc reiki symbols were sacred, not written down and only passed from teacher to student.
- Student should be relaxed and open. If too much resistance, wait, postpone.
- You should be relaxed and in high vibes. Prepare yourself that day to be a goddess, nothing else. Be here now and create beauty. These are sacred ceremonies for you too and your path. and upleveling in your practice.
- Be relaxed, confident and open to all you perceive.
- Ask students to remove all jewelry. Remove shoes also if possible.
- Students sit on chair with feet flat on the floor, hands on knees in receiving gesture.



attunements

REIKI ATTUNEMENTS IN PERSON



How to perform a Reiki Attunement IN PERSON:

1. Set time and date. Ask students to come dressed in white, freshly bathed, be well hydrated, eat light that day. Ask them to be quiet and reflective during the entire day. It's a sacred ceremony, act and ask to honor accordingly. Have space prepared 30 minutes before (clean, order, candles lit, flower, smudge etc)
2. Have student(s) sit in chair, eyes closed, hands in Gassho position.
3. Prepare yourself and your student: Stand 2-3 feet away in front of each student directly in front, or in the center if in circle (more than one)
4. Get into sacred space: Invocation, lay down intention, call on reiki lineage and personal reiki guides, claim space for the light.
5. Let reiki flow into your crown chakra, when you sense it, begin
6. Draw and intone the CKR and DKM on your palms.



step by step

REIKI ATTUNEMENTS IN PERSON



How to perform a Reiki Attunement IN PERSON (continued):

7. Draw and intone all 4 Usui symbols in the air in front of you.
8. Draw and intone all 4 Usui symbols on top of the crown chakra of the student, intending for them to fill the room and space with their energy.
9. Open the student's crown chakra like a book and ask for permission to pass on this Attunement. Let the student answer: "I am ready and open to receive this Reiki Attunement"
10. Begin planting all 4 Usui Symbols in each of their chakras. Stay until you feel they have been planted and begin assimilation. (I do them from the bottom up bc. of my crystal healer training, but traditional reiki practitioners start at the top going down.)
11. Open each chakra and send all 4 Usui symbols one by one until they feel anchored in.
12. Now go behind them and do the same on each chakra, beaming and planting these symbols into their energy centers.
13. Draw and intone all 4 Usui Reiki symbols in student's hands, then the feet, then the heart, then the crown.
14. Ground the reiki attunement with 3 top to bottom aura sweeps and touch the floor 3 times.
15. Close reiki, ground. State "This Attunement for Reiki Level X is now complete. Welcome to Reiki, sister/brother of Light!"



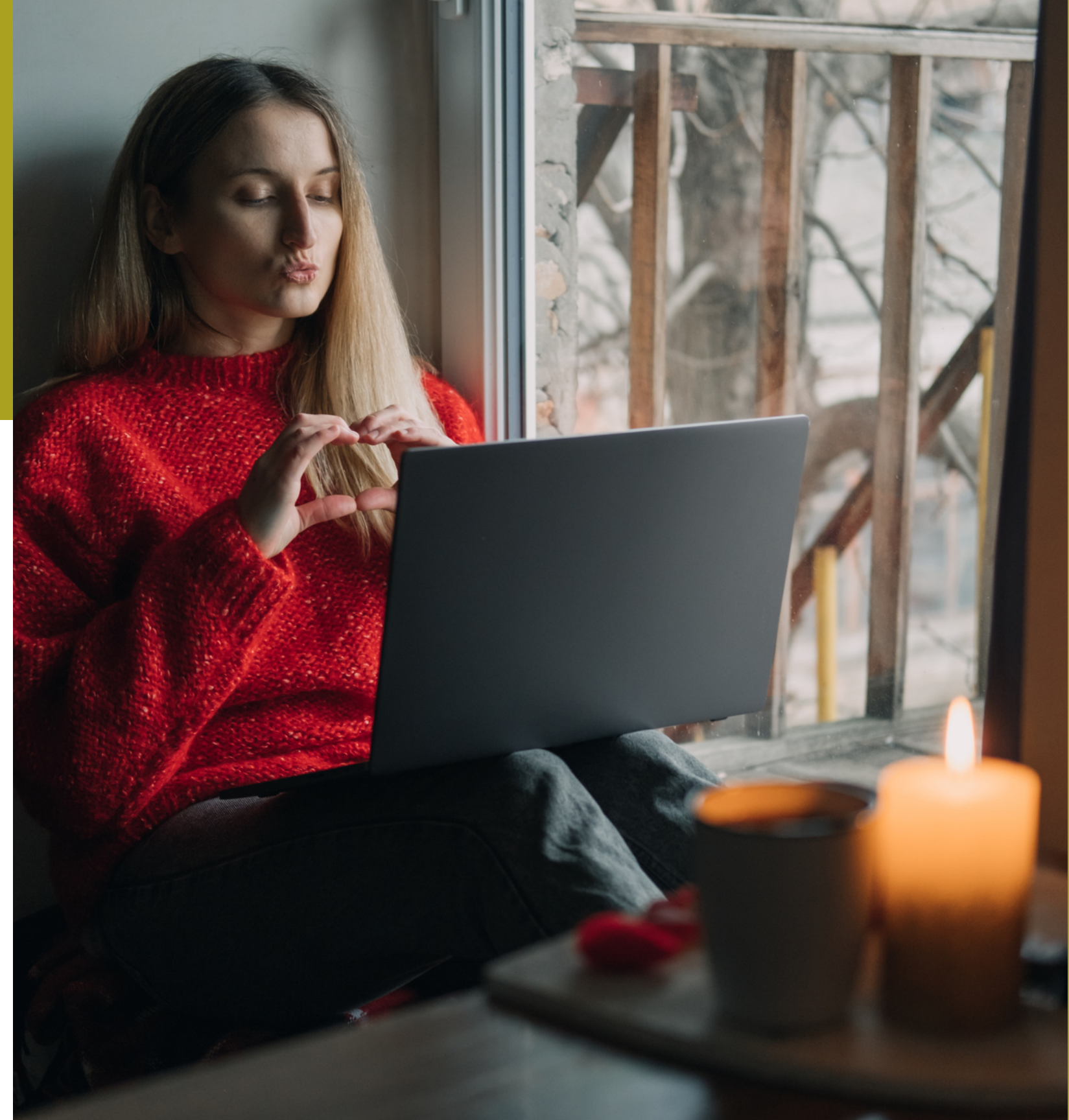
step by step

REIKI ATTUNEMENTS IN PERSON

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How to perform a Reiki Attunement AT A DISTANCE:

1. Set time and date. Ask students to come dressed in white, freshly bathed, be well hydrated, eat light that day. Ask them to be quiet and reflective during the entire day. It's a sacred ceremony, act and ask to honor accordingly.
2. Have sacred space around your computer or phone prepared 30 minutes before (clean, order, candles lit, flower, smudge etc). Shower and prepare yourself.
3. Meet student(s) online, fix any tech issues, get energy grounded in call. Music. Not much talking.
4. Have student(s) sit, uninterrupted place in their home, eyes closed, hands in Gassho position.
5. Get into sacred space: Invocation, speak clearly your intention, call on reiki lineage and personal reiki guides, claim space for the light.
6. Let reiki flow into your crown chakra, when you sense it, begin Attunement.
7. Draw and intone the CKR and DKM on your palms.



step by step

REIKI ATTUNEMENTS IN PERSON



How to perform a Reiki Attunement AT A DISTANCE (continued):

7. Draw and intone all 4 Usui symbols in the air in front of you.
8. Draw and intone all 4 Usui symbols on top of the crown chakra of the student, intending for them to fill the room and space with their energy. Draw and intone HSZSN until the connection is set.
9. Open the student's crown chakra like a book and ask for permission to pass on this Attunement. Let the student answer: "I am ready and open to receive this Reiki Attunement"
10. Begin planting all 4 Usui Symbols in each of their chakras. Stay until you feel they have been planted and begin assimilation. (I do them from the bottom up bc. of my crystal healer training, but traditional reiki practitioners start at the top going down.)
11. Open each chakra and send all 4 Usui symbols one by one until they feel anchored in.
12. Draw and intone all 4 Usui Reiki symbols and send to student's hands, then the feet, then the heart, then the crown.
13. Ground the reiki attunement your way.
14. Close reiki, ground. State "This Attunement for Reiki Level X is now complete. Welcome to Reiki, sister/brother of Light!"



step by step

Hui Yin

These are practices of non-traditional Reiki Masters when passing attunements. They are now commonly used to power up the experience of the attunements. Experiment with them. If you find they complicate your attunement process, don't use them.

HUI YIN

1st point in the Conception Vessel meridian, between anus and genitals. Meeting point of 3 meridians: Ren, Du, Chong/Conception, Governing and Penetrating Vessels

- Contract Hui Yin point (kegel like) and place tongue against soft palate, roof of the mouth
- Practice to develop control
- Contract and place tongue on palate to send, when you want to accent/increase the energy transmission
- Be sure to begin them slowly and build your contraction time organically. 100 kegels per day for a 21 day spree, or even 7 day spree, will give you back control down there.
- Practice contraction and centering body energies with your tongue throughout the day.
- Shoot out reiki rays with Hui Yin contracted.



ATTUNEMENT PRACTICES

Violet Breath



These are practices of non-traditional Reiki Masters when passing attunements. They are now commonly used to power up the experience of the attunements. Experiment with them. If you find they complicate your attunement process, don't use them.

VIOLET BREATH

- Visualize white mist around you.
- Contract Hui Yin, place tongue on palate.
- Breathe in.
- Imagine white light coming in through crown chakra, down the Hui Yin and up along the spine, center of the head.
- Imagine the white mist filling your head.
- Visualize mist turning blue, then indigo, then purple.
- Ask the energy to swirl in clockwise direction.
- Watch the energy turn to violet.
- Visualize the Dumo Karuna Reiki Symbol in gold inside the spiral.
- Blow the Dumo Symbol and Violet Breath into student's chakras as you silently intone the symbol 3 times in your head.



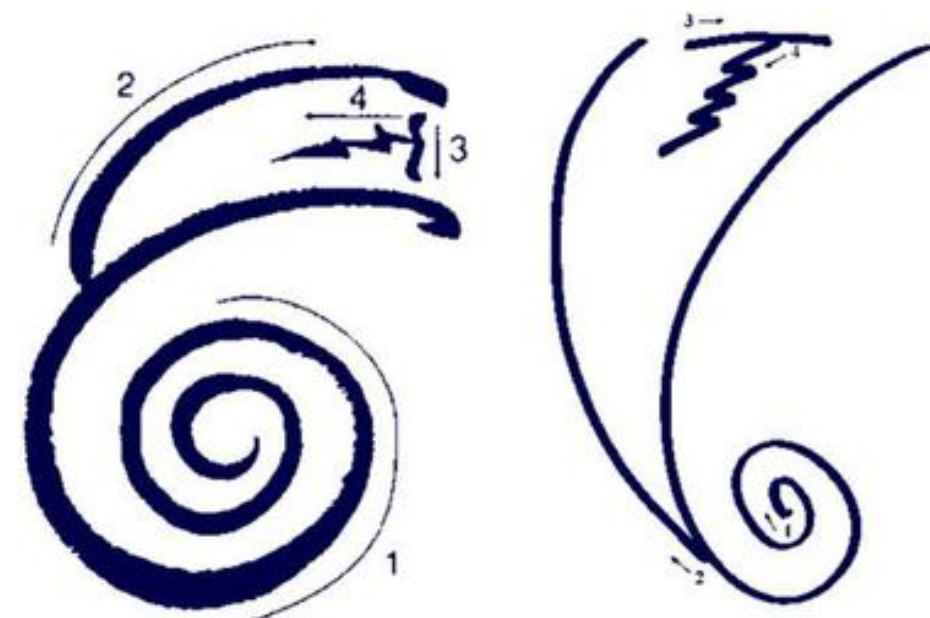
ATTUNEMENT
PRACTICES

Violet Breath - Dummo

Non Traditional Usui Reiki Master Symbol

- ❑ This symbol, DUMO, is pronounced 'do moe'.
- ❑ It represents the swirling fiery heat of the Kundalini
- ❑ Dumo is thought to be the igniters of the Sacred Flame or Kundalini fire.
- ❑ It is said that Dumo unifies the mind and body and works with the fire in the base chakra.

Two Versions of the DUMO or "Tibetan Master Symbol"



NOTES ON



- Make it sacred
- White, clean, uncluttered, altar-like space, in person or at distance
- The senses are your allies
- In person, be aware of: space protection, resistance in your student, cleanliness, smells, light, altar-like feel,
- Online, be aware of: visual background, tech/sound issues, their interruptions and yours, make arrangements to not be disturbed, keep giving attunement even if person cuts off
- Create your own attunement method that feels good to you. Most important thing is to plant these codes in each chakra and make sure they feel planted. The rest is up to reiki.
- Common feelings of attunements is major heat, activations, lightness, lots of colors
- The student is the pipe or river, you are the plumber or the landscaper, removing blocks to flow of life



Attunements

A close-up photograph of two hands, palms facing each other, holding a bright, glowing orb of light. The light is a vibrant yellow-orange, creating a lens flare effect. The background is a soft, out-of-focus light color. The text 'REIKI TIME!' is centered above the hands, and 'FOR YOU, LIGHTHOUSE!' is centered below them. A dotted line separates the two text elements.

REIKI TIME!

FOR YOU, LIGHTHOUSE!

OM WORK - CLASS 21

..... *Reiki Master Certification*

1. Practice Hui Yin and Violet Breath during your next 3 reiki sessions to another. What other body movements help you increase energy in your reiki sessions? Share in FB Group.
2. How do you feel right now about initiating others in your reiki path? What do you think you need to feel you are there? More skills? More mentoring? More practice? Share in FB Group.
3. Re-read Chapter 10. Read Chapters 18-20 of Textbook.
4. Who around you is your ideal student? Why? What are the characteristics that point this person out? This is an inkling about your tribe, the one you are building around you. Ask them if they would like a free reiki session in return for a video testimonial.

SEE YOU DURING NEXT CLASS 23!



Reiki Master Certification

Class 23: Gaia Lightworker Ethics and Making it in the
Holistic Business Industry

- Your Reiki Master Manifesto
- Energy Healing Ethics
- What it takes to make it in the healing business
- Preparing to open your practice
- Determine Your Sessions and Offers
- Combining Reiki with Other Modalities



CRYSTAL BLESSINGS!

STAY CONNECTED

Email me at soulfirehealer@gmail.com

Visit my website at

www.brendasoulfire.com