



Brenda Soulfire
crystal
medicine woman

Reiki Master



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Month 5:
Hon Sha Ze Sho Nen Integration

Class 10:
Shifting your Life with Reiki





BRENDA

Soulfire

Soul SiStar

Mystic Circle Leader

Certified Crystal Healer

Registered Metaphysics Practitioner

Usui, Crystal and Shamanic

Reiki Master/ Teacher

Boricua Crystal Medicine Woman

Spiritual Life Coach

Healer Brand Doula

ACIM Mentor



REIKI YOUR *life goals*



We spent some time reikiing the past, now we are reikiing the future.

What are 3 main life goals of yours?

Let's reiki them now!



TREASURE Map



It's time to dream! It's time to start designing your healer practice, along with life goals that go with it. Time to treasure map it!

1. Get A Poster Board.
2. Think About The Goals You Want To Achieve.
3. Look For Pictures That Represent Whatever You Want To Achieve.
4. Add Colors And Symbols.
5. Add Affirmations.
6. Arrange The Pictures Of Your Treasure Map.
7. Put Your Treasure Map In a Visible Spot.



SOLVING PROBLEMS

with reiki

- Remember the gift your now have!
- Put it on the Universe's To Do list
- Downlaod and record ways I can solve this situation
- Go back to list, give more reiki
- Circle the 3 that your body
- Follow your highest excitement
- Your body is your new GPS antenna
- The letting go muscle, practice makes perfect, radical acceptance is what opens the door
- remember the Oneness, remember the co creation
- the problem comes with the solution

In general, from now on

- Body first, Business second
- drink double the water
- Scanning energy a daily thing
- Make reiki a daily habit



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REIKI SESSION *inspirations*

- Energy Body Scan
- Love Reiki Sessions
- Money
- Unconditional Love Reiki using reiki the power of your heart, rose quartz
- Etheric Body Reiki session
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REIKI TIME!



OM WORK - CLASS 10

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Reiki Master Certification

- Read Chapter 11 of Reiki textbook: Hand Positions
- Perform at least one practice reiki session on another person waiting for 5 minutes in each traditional Hand Positions. Share in FB Group.
- Treasure Map your new Reiki Practice and life goals. Share in FB Group!

CRYSTAL BLESSINGS!



STAY CONNECTED

Email me at soulfirehealer@gmail.com

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