



Brenda Soulfire  
crystal  
medicine woman

# Reiki Master



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Month 7:

Reiki Level 3: Shinpiden: The  
Master/Teacher

Class 13: Distance Healing





# BRENDA

*Soulfire*

Soul SiStar

Mystic Circle Leader

Certified Crystal Healer

Registered Metaphysics Practitioner

Usui, Crystal and Shamanic Reiki Master/  
Teacher

Boricua Crystal Medicine Woman

Spiritual Life Coach

Healer Brand Doula

ACIM Mentor



# DISTANCE

## healing

- Distance Reiki works according to an ancient principle called the Hermetic Law of Similarity, which holds that we are all connected, we are all One, something that ancient cultures understood
- Our Universe is a vast and complex holographic network
- Reiki works through this at the quantum level
- Once reiki is flowing, flow beyond time and space, let the heart lead once in reiki land



# DISTANCE

## healing tips

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- To send healing energy long distance, you simply need to use your imagination
- Call in reiki and you both align to the greater good
- It helps to get into a very positive emotional state first.
- Be open to miracles
- Place yourself willingly and humbly as an act of service as a clear channel, say it 3 x
- The most important thing is that your intention is strong, clear and pure in heart and mind. Work yourself and the energy, open up accept until it feels right and sound.
- Believe. Nothing breaks up psychic connection like doubt, trust.
- intent, strong intent is key
- If symbols come, notice messages
- Get your client in sacred space and feeling safe



# DISTANCE

# reiki methods

- Surrogate
  - Plus toy
  - doll
  - drawing
  - picture
  - photo
  - crystal grid
- Thigh / Knee
- Your Whole Body - Becoming One with your client/patient
- Mind's Eye
  - Group energy body visualize individuals becoming one
- Breathing
- Eye focus method



# WHAT IS THE *surrogate method?*

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- Recognizing that we are all One, we now use form to represent what we are willing life force to enter and heal
- strong intent is key
- act as if
- body is a body
- spirit is eternal and exists in the now
- whatever you choose to represent your intended healing is fine, it's the intention and heart mind coherence that ripples through the quantum unified field



# THE POWER OF *visualization*

- The more detail you visualize the more you steer the reiki ray
- ask your minds eye to bring in
- collage
- meditations
- shamanic journeys
- sit in your mind's eye
- writing down your dreams
- study symbols
- particularly your recurring symbols from spirit
- zoom in and out
- ask lots of questions
- go deeper, ask your heart, go back to third eye



# HON SHA ZE SHO NEN

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## Meditation

- Go get your most activating crystal you have in the house
- Invoke Reiki Guides
- Draw Hon Sha Ze Sho Nen 3 x in mind's eye
- Break Through Time and Space
- Receive and visualize HSZSN in each chakra 3 x
- Receive and visualize growing light in each chakra
- Come back to Earth time



# STEP BY STEP

## distance reiki session

- Step 1: Schedule
- Step 2: Set up sacred space, oracles and tools 15 minutes before
- Step 3: Client intake convo
- Step 4: Call in reiki, state intention
- Step 5: Invocation
- Step 6: Activate HSZSN
- Step 7: Let go of time and space, into heart flow of reiki energy
- Step 8: Use surrogate, or representative
- Step 9: Do your healing following a session on the surrogate
- Step 10: Seal energy work
- Step 11: Thank the Reiki Guide.
- Step 12: Officially close session. This reiki session is now complete
- Step 13: Closing convo / how do you feel now? Report.





REIKI TIME!



# OM WORK - CLASS 13

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## Reiki Master Certification

- Finish Reading up to Chapter 13 of Reiki textbook
- Choose and perform 3 exercises from Chapter 14 that speak to you. Report ahas in FB group!
- Continue to give yourself at least 15 minutes of reiki daily. Is it a habit yet? What do you need to do in order to make it so? What usually blocks you from giving yourself reiki?
- Perform 3 Distance Reiki Sessions in exchange for testimonials. Use those testimonials to build your healer page/group.
- Open your own Reiki FB group if you haven't. It's your safe space to express about this, and you start pooling your clientele.

SEE YOU DURING NEXT CLASS 14!

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# Reiki Master Certification

## Class 14: Usui Reiki Master Level 3 Attunement

- Usui Reiki Master Level 3 Attunement Ceremony
- Come well hydrated
- get in sacred mode before tuning in
- take shower and dress in white
- ready to receive your master level attunement!!!
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# CRYSTAL BLESSINGS!



STAY CONNECTED

Email me at [soulfirehealer@gmail.com](mailto:soulfirehealer@gmail.com)

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